

2017 -  
 2018

# Texas 4-H Through the Year



The Texas 4-H Youth Development Program is the youth serving component of the Texas A&M University System, the Texas A&M AgriLife Extension Service and the Prairie View Cooperative Extension Program. Through the network of Extension Agents and volunteers, the 4-H Program is accessible to youth in all 254 counties through 250 County Extension Offices. Ranging from robots to rabbits, Texas 4-H offers life-skill gaining experiences to youth from Kindergarten to 12th grade, preparing them for adulthood and service to our state, country, and world.

According to a 10-year longitudinal study conducted by the Institute for Applied Research in Youth Development at Tufts University, 4-H youth are:

**496,849** Total 4-H youth  
**20,072** Adult volunteers  
**7,640** Youth volunteers



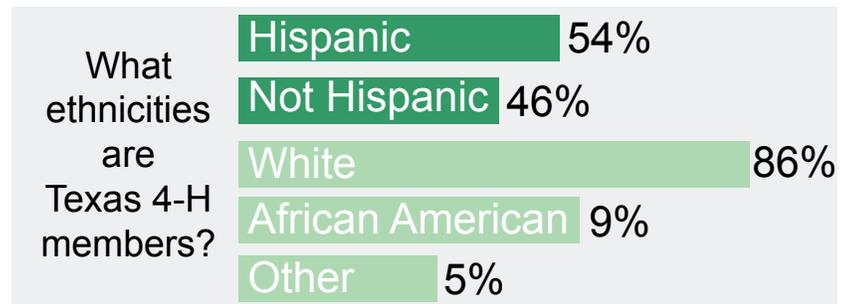
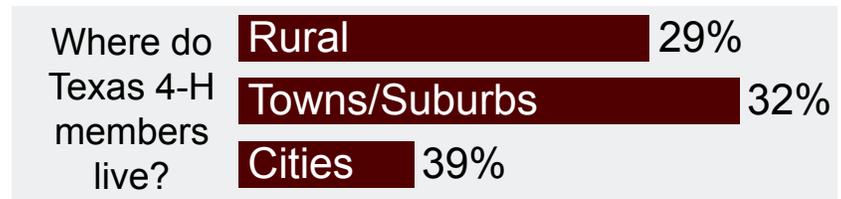
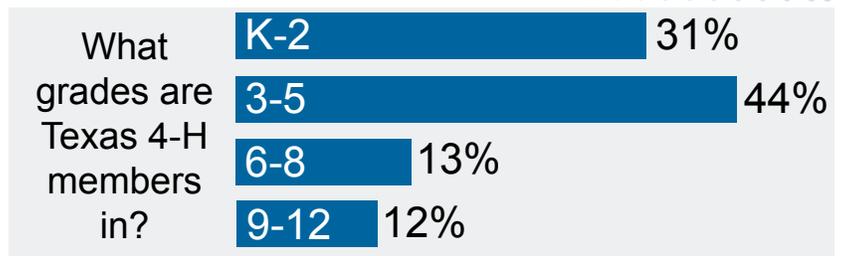
**4X**  
 More likely to contribute to their communities



**2X**  
 More likely to participate in science programs outside of school time



**2X**  
 More likely to make healthier choices



## Agriculture & Livestock

Texas 4-H Agriculture & Animal projects teach responsibility through caring for animals and strive to provide 4-H members the opportunity to develop and practice advanced leadership skills to become advocates for agriculture. These projects also prepare and provide opportunities for youth to develop a heightened awareness of career opportunities in agriculture.

**49,396**

youth involved in  
the project area

## Citizenship & Leadership

Texas 4-H has been building leaders for countless generations by giving them safe environments and many opportunities to practice their skills. Through each 4-H project, youth are learning and applying leadership skills that will also be useful in adulthood.

**164,172**

youth involved in  
the project area

## Family & Community Health

Texas 4-H is teaching youth about the importance of healthy eating and physical activity. Through this program area, young people develop healthy physical, social and emotional behaviors and life skills, and as a result increase their ability to demonstrate positive contributions to their families, schools and communities.

**187,705**

youth involved in  
the project area

## Natural Resources

The Texas 4-H Program offers diverse projects and activities involving exploring and experiencing the vast natural resources within our state. Outdoor play increases fitness levels and builds active and healthy bodies. Texas 4-H offers projects and activities that engage youth in outdoor settings as they learn outdoor living skills and conservation.

**84,166**

youth involved in  
the project area

## Science, Technology, Engineering, & Math

Texas 4-H STEM projects encourage youth to be critical thinkers and team players. They also instill a passion for science and science-related careers in today's workforce. 4-H STEM projects combine the strengths of experiential, hands-on education and inquiry-based science learning with a positive youth development framework that addresses the developmental and educational needs of young people.

**11,252**

youth involved in  
the project area

Learn more about Texas 4-H at:

[texas4-h.tamu.edu](http://texas4-h.tamu.edu)

Or contact:

[Texas4H@ag.tamu.edu](mailto:Texas4H@ag.tamu.edu)



Keep up with the latest Texas 4-H news

